



20  22

**REC FOUNDATION**

— **COACH** —

**SUMMIT**

Coach Resources  
Leslie Cruse, Meredith Hale, Emily Bruning

**WELCOME**

COACH RESOURCES

Leslie Cruse, Meredith Hale and Emily Bruning



# BEFORE WE BEGIN

## BEST PRACTICES

This is for YOU - the Coaches. Please ask questions when you have them.



**Utilize the Chat  
Share Pro Tips**



**Take Breaks**



**Ask Questions  
in the Chat**



**Be Respectful**



**Leslie Cruse**  
Team Engagement Manager  
AL, GA, TN AND KY

Volunteer for VEX Robotics tournaments

Certified VEX Educator in VEX 123, VEX GO, VEX IQ, VEX V5,  
and CS with VEXcode VR.

6 years with the REC Foundation

Team Engagement Manager for AL, GA, KY & TN

Teacher Training Manager

Volunteer Preference: Queen of Queuing!

✉ [leslie\\_cruse@roboticseducation.org](mailto:leslie_cruse@roboticseducation.org)





**Meredith Hale**  
Team Engagement Manager  
Nevada & Southern California

Has more than 20 years of experience working with teachers, programming, and curriculum through museum education, libraries, and schools

Really loves to help people - ask me anytime!

Is a lifelong maker, artist, tinkerer, and dog person

Likes coding, but LOVES building

Volunteer Preference: Emcee!

 [meredith\\_hale@roboticseducation.org](mailto:meredith_hale@roboticseducation.org)



**Emily Bruning**  
Team Engagement Manager  
Indiana, Ohio, & West Virginia

Has more than 12 years of experience in the field of education as a classroom teacher and State Department of Education Specialist

Prior VIQC coach and event partner

Loves building, iterating, designing, and perfecting the engineering notebook

Loves baking, hiking, and parenting

Volunteer Preference: Queuing

 [emily\\_bruning@roboticseducation.org](mailto:emily_bruning@roboticseducation.org)

VEX PD+

REC Foundation  
Knowledge Base

VEX Robotics  
STEM Library

Downloads &  
Mobile Apps

Certifications

Support Staff

STEM Labs

Websites

Team Guide

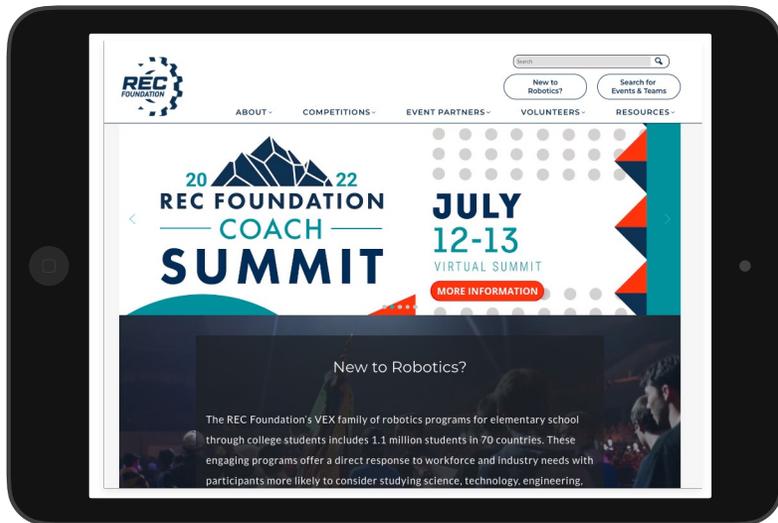
VEXcode

Virtual Skills

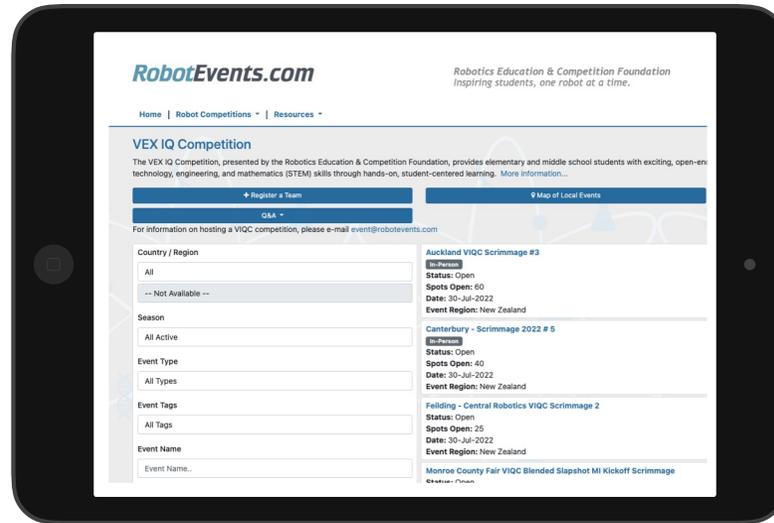
VEX Herobot

# WEBSITES

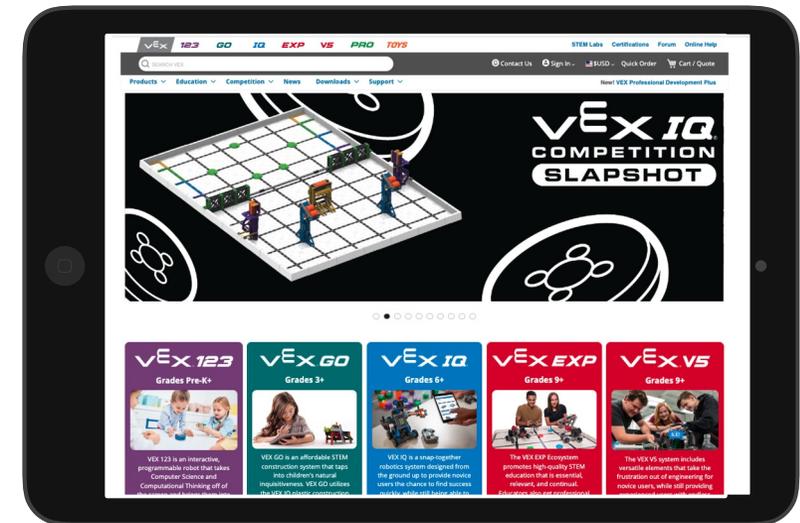
There are 3 websites you will want to bookmark for easy access.



[roboticseducation.org](https://roboticseducation.org)



[robotevents.com](https://robotevents.com)



[vexrobotics.com](https://vexrobotics.com)

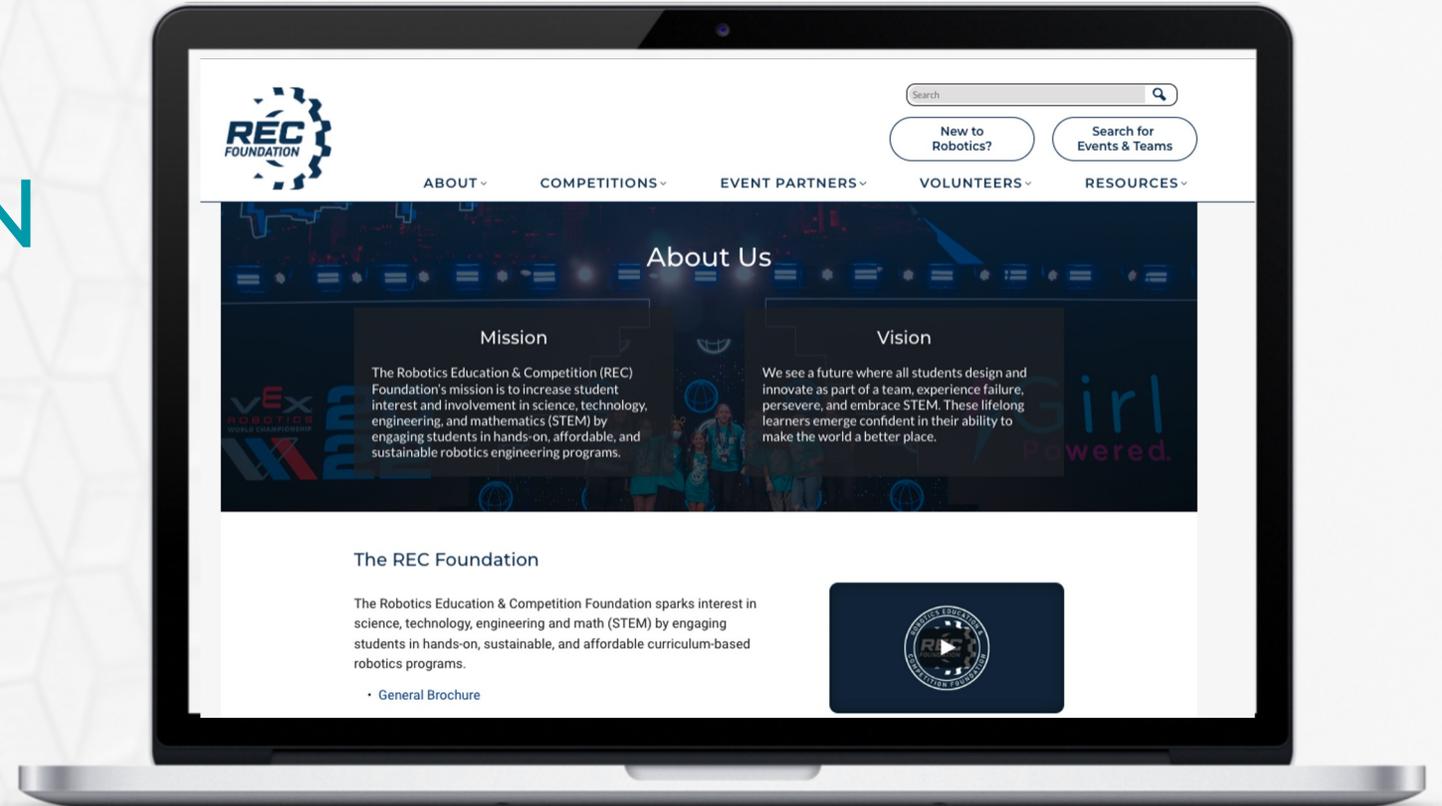
# REC FOUNDATION

<https://www.roboticseducation.org/>

Competition Teams

Event Partners

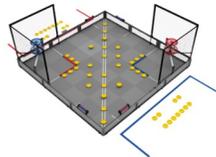
Volunteer Information



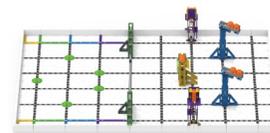
# COMPETITION INFORMATION

26,293+ Pts

- Game Manuals
- Team Guide & Event Partner Guides
- Team Registration
- Student-Centered Policy and Code of Conduct
- Design Notebook Samples
- Participation Release Forms
- and More!



Game Resources	Team Guide	Event Partner Downloads
Register a Team	Code of Conduct	Student-Centered Policy
Participant Release Forms	Design Notebook	Official App
VEX Competition History	VRC Forum	



Game Resources	Team Guide	Live Remote Tournaments
Event Partner Downloads	Register a Team	Code of Conduct
Student-Centered Policy	Participant Release Form	Design Notebook
Official App	VEX Competition History	VIQC Forum

## 2021-2022 Challenge: DownDraft 2

RADC DownDraft2 is played on a 28'x28' field. Two (2) Alliances - one (1) "red" and one (1) "blue" - composed of two (2) Teams each, compete in 3-minute matches. The object of the game is to attain a higher score than the opposing alliance by scoring small and large balls in corner and floor goals and landing drones in the landing zone at the end of the match.



Teams also compete in the Programming Skills Challenge where one drone takes to the sky to score as many points as possible through programming.

Game Manual	Register a Team	Game Resources	Team Resources
Event Resources	Judge & Volunteer Resources	Parrot Mambo Resources	Additional Resources

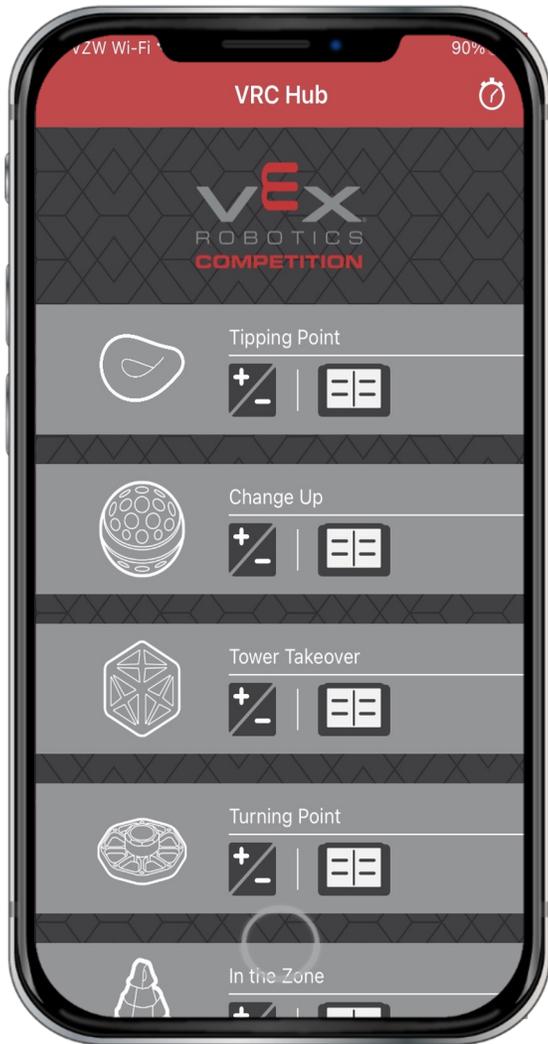


# REC FOUNDATION KNOWLEDGE BASE

<https://kb.roboticseducation.org/hc/en-us>

REC Foundation Knowledge Base is a library of resource information for coaches, event partners, volunteers, and parents. This is the place to find anything from running a team, to hosting your first event and how to prepare your volunteers!





# MOBILE APP LIBRARY

<https://www.roboticseducation.org/mobile-app-library/>



The VRC and VIQC Apps are the ideal competition companions for teams, spectators and event partners. They include:

- Searchable, easy to use, official game manual.
- Calculator to keep score for the current game.
- Timer to run your own practice matches (with official game sounds).



VEX Tournament Manager Mobile app can be used at scrimmages and tournaments. Referees can submit match scores from their devices

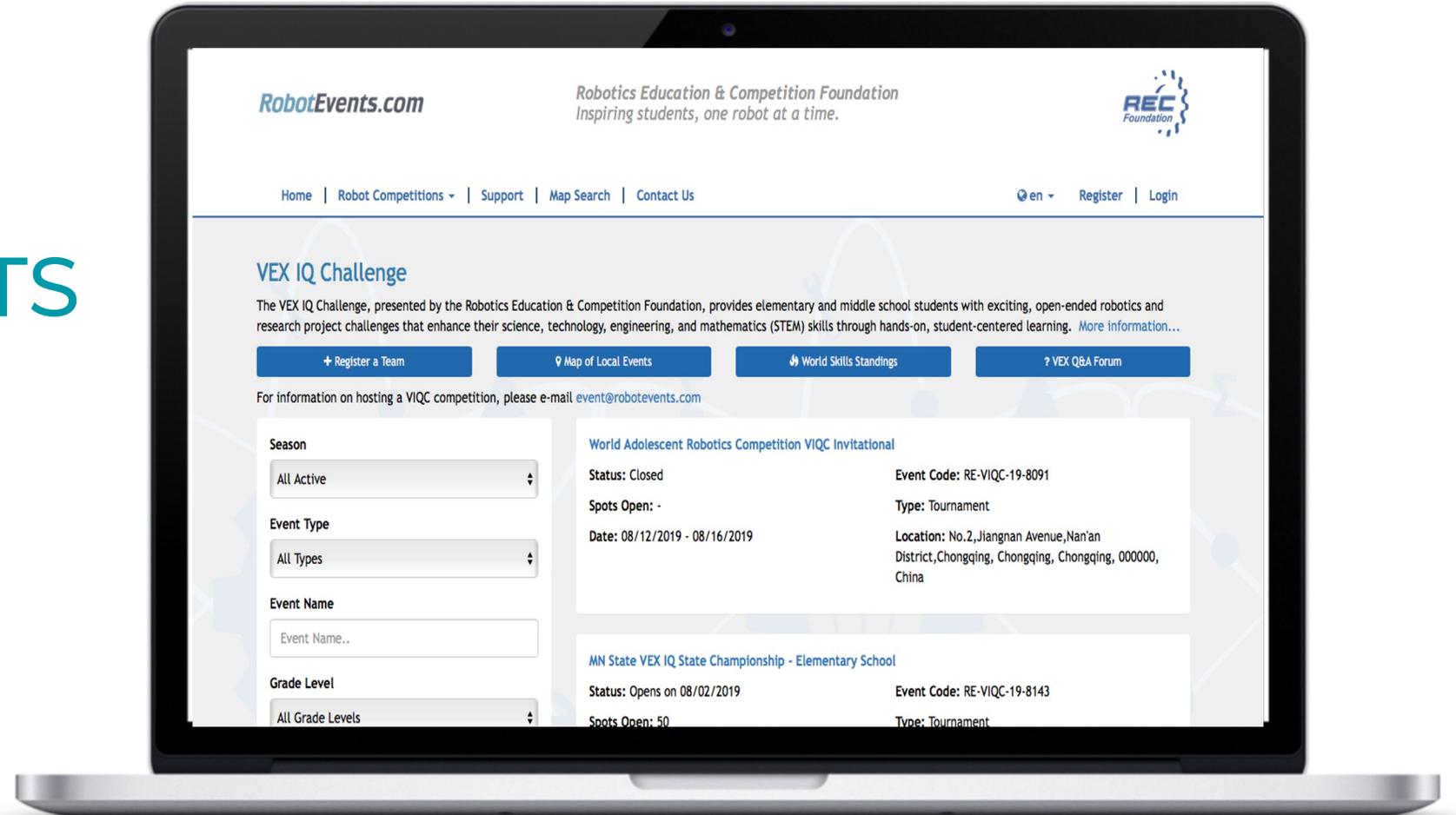


VEX via allows you to follow the progress and results at local competitions.

# ROBOTEVENTS

<https://www.robotevents.com>

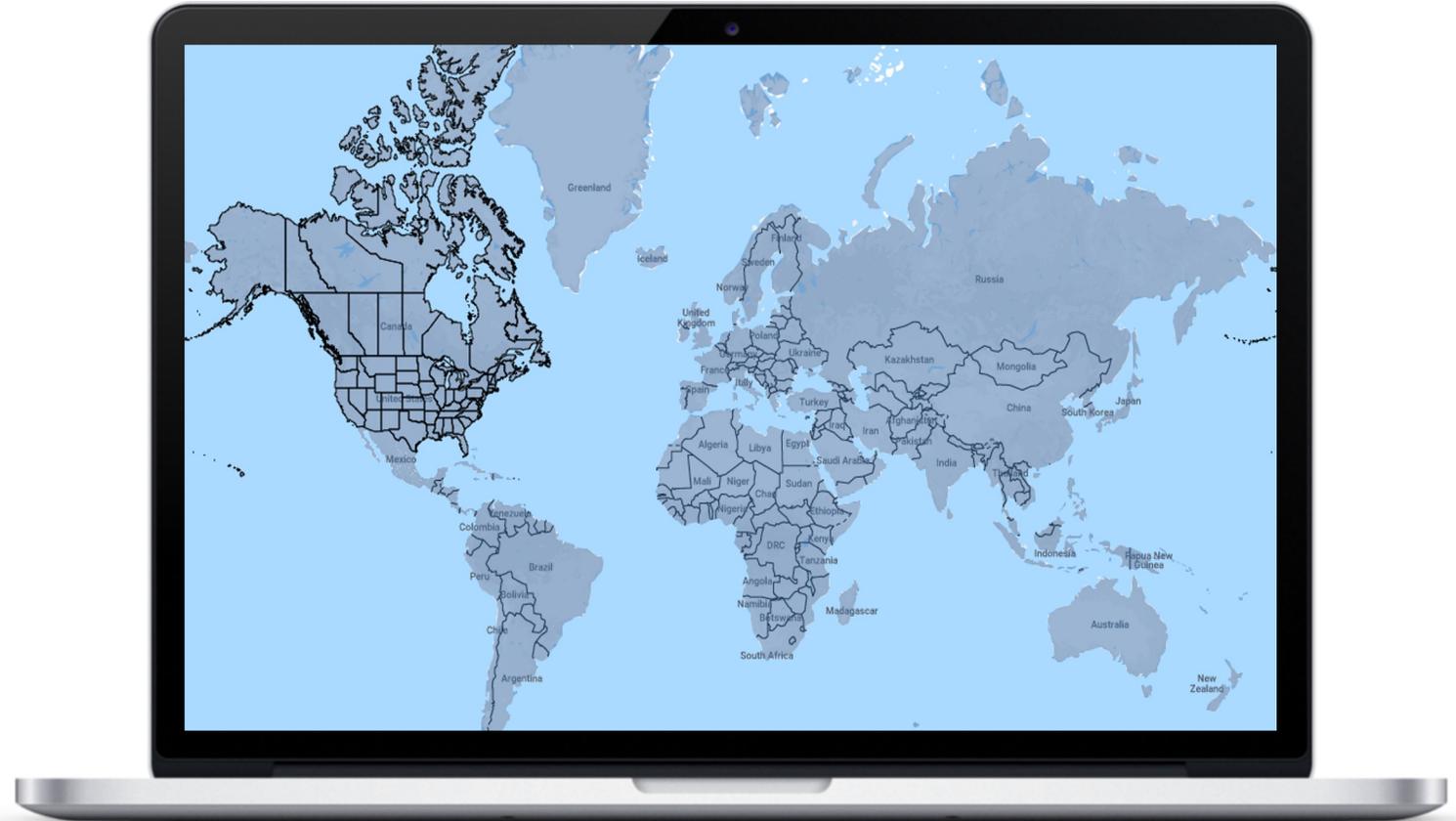
Register Teams  
Register for Events  
Official Q&A Forums



# SUPPORT STAFF

<https://www.robotevents.com/support>

**Click on your Country or  
State to find your support  
team contact information**

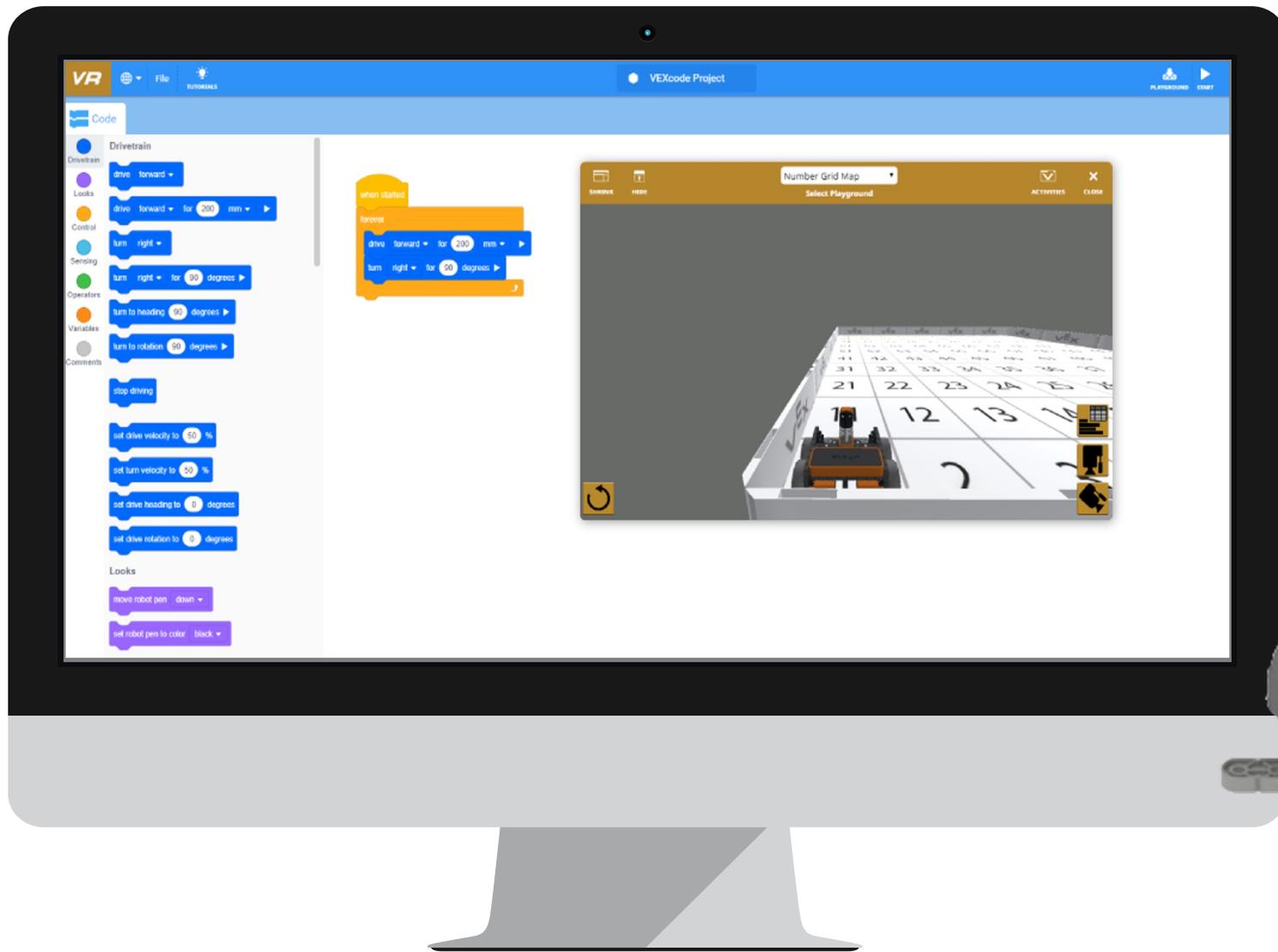




[www.vexrobotics.com](http://www.vexrobotics.com)

VR Skills  
Mentor PD+  
STEM Library  
Certifications  
and STEM Labs





# VEX<sup>®</sup> CODE VR

## VEXcode VR



# VEX<sup>®</sup> CODE VR

## RESOURCES

[VEXcode VR Information](#)

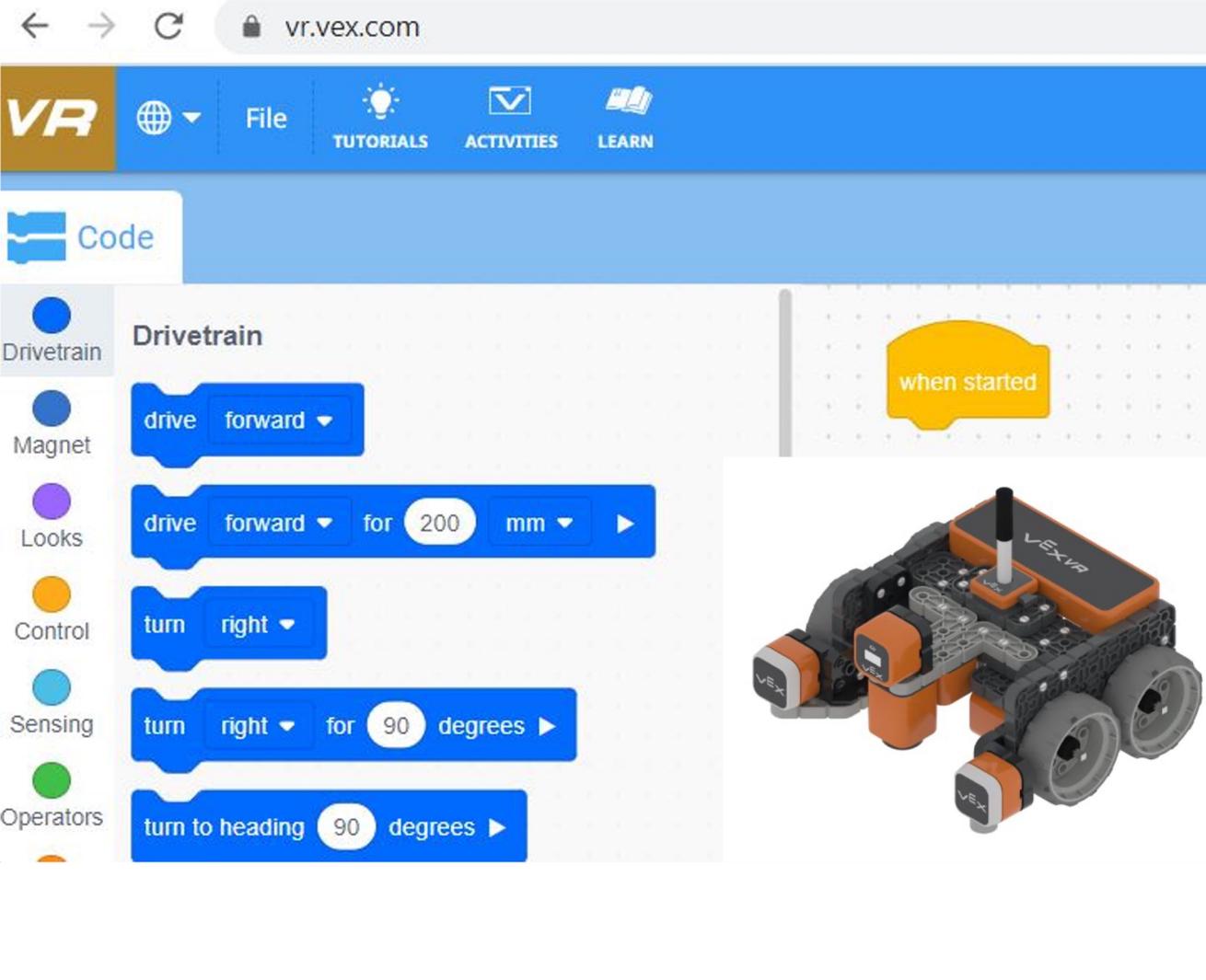
[Getting Started](#)

[Tutorials on VEXcode VR Features](#)

[Using Activities](#)

[Sharing Projects](#)

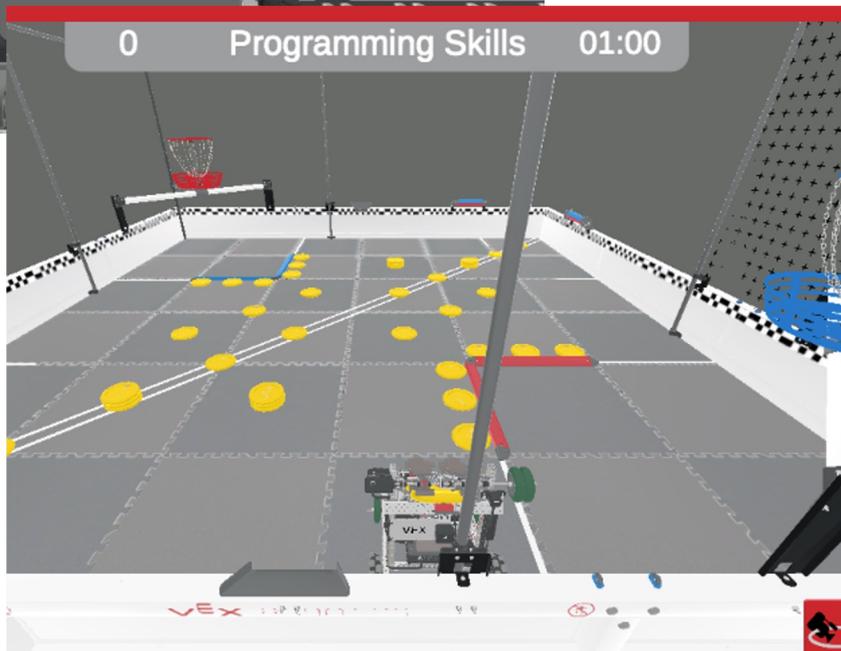
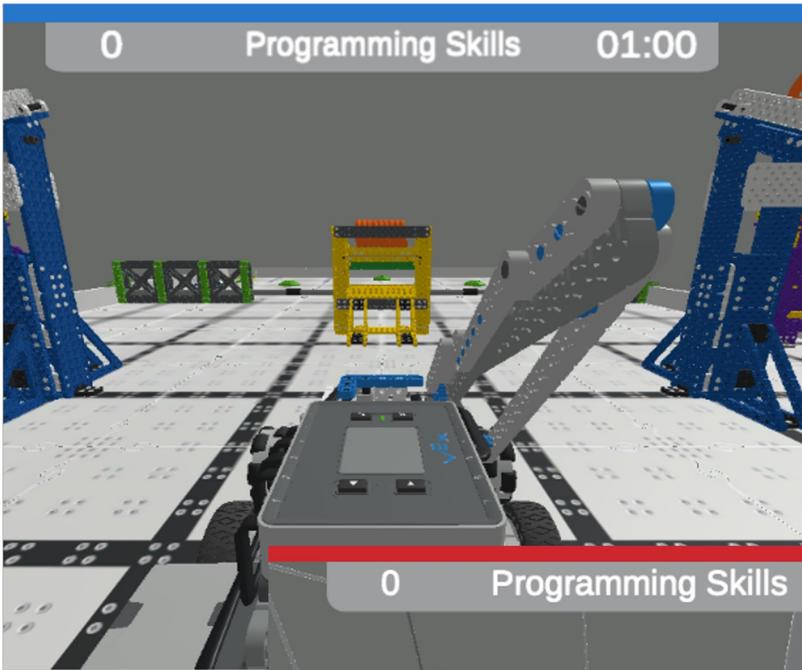
[Teacher Portal](#)



The screenshot displays the VEXcode VR web interface in a browser window at [vr.vex.com](http://vr.vex.com). The interface features a blue header with navigation options: 'VR', a globe icon, 'File', 'TUTORIALS', 'ACTIVITIES', and 'LEARN'. Below the header, a 'Code' tab is active, showing a workspace with a 'when started' trigger block and a sequence of four drive and turn blocks. The blocks are:

- Drive forward
- Drive forward for 200 mm
- Turn right
- Turn right for 90 degrees
- Turn to heading 90 degrees

To the right of the workspace, a 3D model of a VEX VR robot is shown, featuring a black top deck with 'VEX VR' branding and four grey wheels.



## VR SKILLS

- Included in your team registration
- Drag, Drop, Drive
- Video Tutorials
- 22-23 Game
- Block and Text Based Options

[VIQC and VRC VR Skills](#)

# VEX MENTOR PD+

Reshaping STEM Education Together

<https://pd.vex.com/>

**vEx**

## Engineering Design Notebook



**VEX** ROBOTICS 

**vEx**

## Online Challenges



**VEX** ROBOTICS 

**vEx**

## Roles on a Team



**VEX** ROBOTICS 

**vEx**

## Competition Day Best Practices



**VEX** ROBOTICS 

Competition Day Best Practices

**vEx**

## Competition Information



**VEX** ROBOTICS 

Competition Information

**vEx**

## REC Forms, Policies, and Procedures



**VEX** ROBOTICS 

REC Foundation Forms, Policies and Procedures

# VEX STEM LIBRARY

<https://kb.vex.com/hc/en-us>

**123**

**IQ**

**V5**

Education

**CORTEX**

**GO**

**EXP**

**VEX CODE VR**

General

VEX Robotics STEM Library is a wealth of information about all things VEX. This self-serve support is there to help users quickly find information about VEX products, services, or programming.

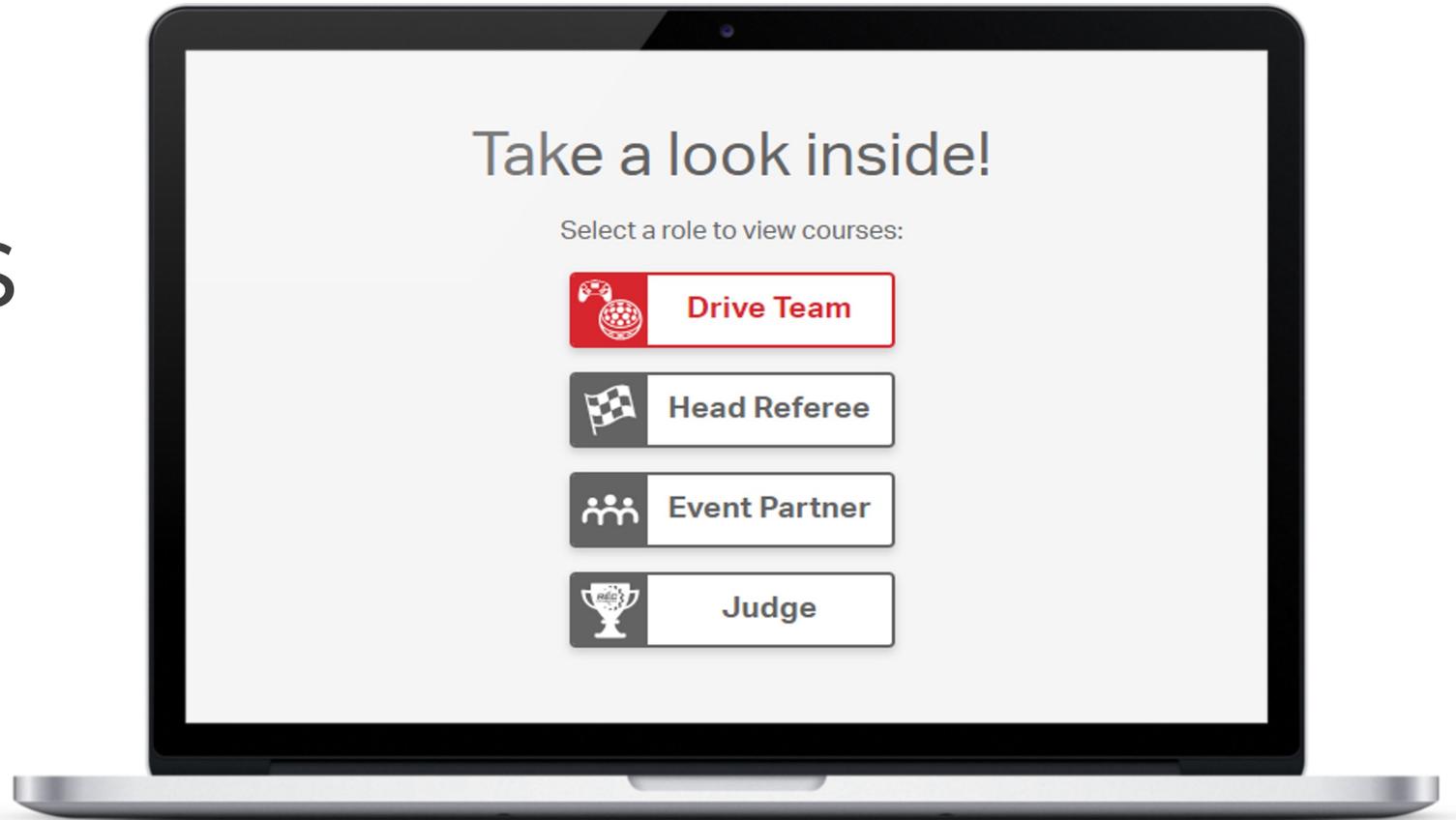
# CERTIFICATIONS

**Drive Team**

**Head Referee**

**Event Partner - Judge**

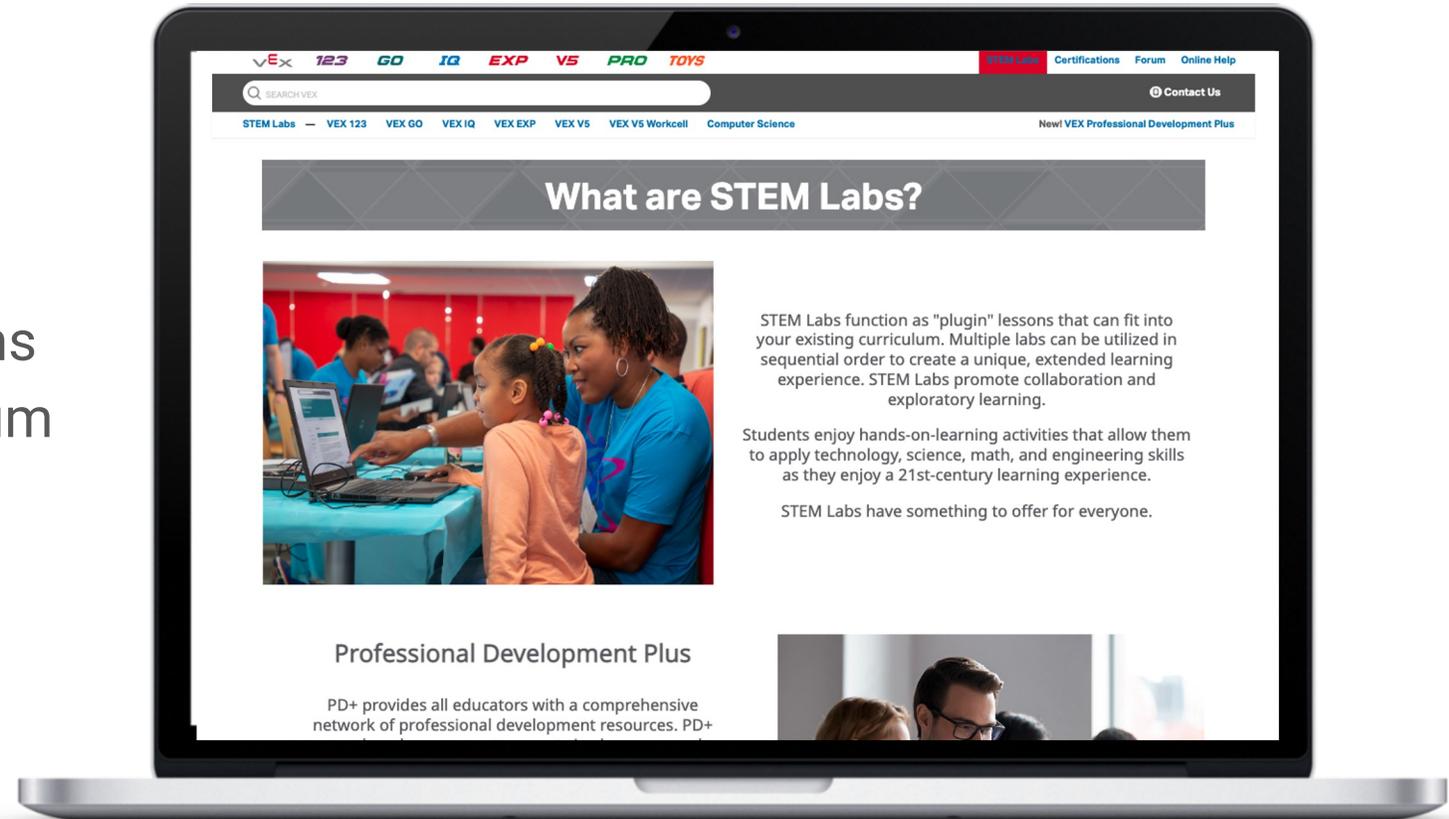
<https://certifications.vex.com/>



# STEM LABS

STEM labs function as “plugin” lessons that can fit into your existing curriculum

<https://education.vex.com/>

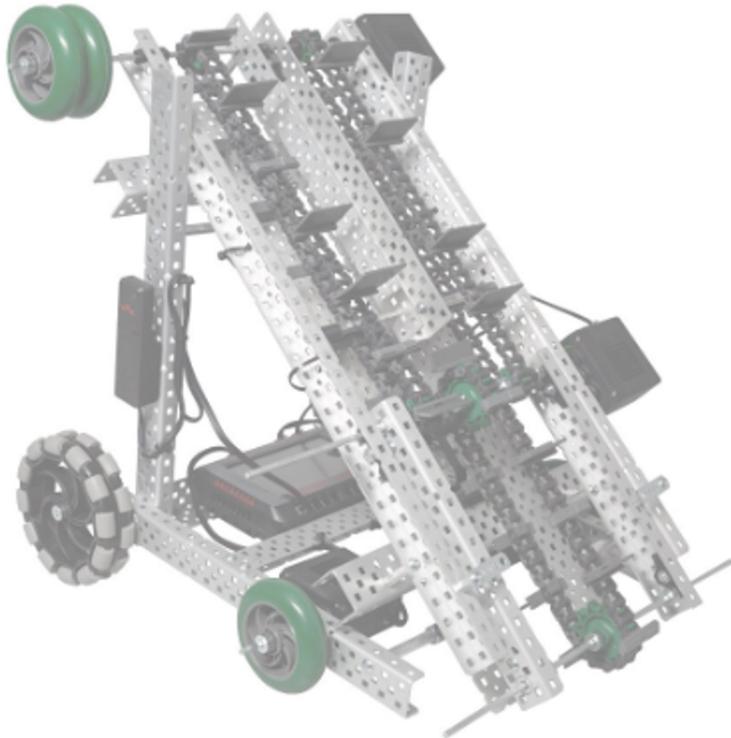




# 2022-2023 Hero Bot Build

## Meet Snapshot

- ✓ [Snapshot Gen 1 and Gen 2 - IQ Build Instructions](#)
- ✓ [VIQC Hero Bot Snapshot Video - Part 1](#)
- ✓ [VIQC Hero Bot Snapshot Video - Part 2](#)



**COMING SOON**

2021-2022 Hero Bot **Build**

## Meet Disco

- ✓ [VRC Hero Bot Disco Video - Part 1](#)
- ✓ [VRC Hero Bot Disco Video - Part 2](#)

## VEX Robotics Competition

The VEX Robotics Competition, presented by the Robotics Education and Competition Foundation, is a global competition where students from 50 countries play a game. Students, with guidance from their teachers and mentors, design, build, and program a robot to compete in a game.

+ Register a Team

Q&A ▾

VRC Q&A

Judging Q&A

## VEX IQ Competition

The VEX IQ Competition, presented by the Robotics Education and Competition Foundation, is a global competition where students from 50 countries play a game. Students, with guidance from their teachers and mentors, design, build, and program a robot to compete in a game.

+ Register a Team

Q&A ▾

VIQC Q&A

Judging Q&A

The screenshot shows the VEX Forum interface. At the top, there is a navigation bar with the VEX logo and competition levels: 123, GO, IQ, EXP, and V5. Below the navigation bar, there are filters for 'all categories', 'all tags', and a selected 'Latest' tab, along with 'Top' and 'Categories' options. The main content area displays a list of forum topics, including 'Notebook Rubric', 'V5 Brain's Flash Write Endurance?', and 'Odometry in different applications', each with its category and tags.

## VEX Forum

## RobotEvents Official Q&A

# Register your team today

Your team registration includes:

- **2022-2023 VEX Competition Welcome kit**

- **Mentor PD+**

The Mentor PD+ is a video library of resource information for coaches, event partners, volunteers and parents. You will find anything from running a team, to hosting your first event, to preparing your volunteers.

- **REC Foundation Knowledge Base**

The RECF Knowledge Base is a library of resource information for coaches, event partners, volunteers and parents. You will find anything from running a team, to hosting your first event, to preparing your volunteers.

- **Virtual Skills**

VR Skills is designed to allow teams compete in a virtual environment with the 22-23 Slapshot or Spin Up



276-7504  
VRC 2022-2023 Scoring Element Kit



228-7509  
VEX IQ Challenge - 2022-2023  
Scoring Element

# Register your team today

## **2022 - 2023 Initial RECF Registration fee of \$200**

- First change in team registration fees since June 2017
- US Teams Only: VIQC, VRC, VEX U, and Aerial Drones Competition
- Access to Online Challenges
- RECF program staff support
- Annual Coach and Event Partner Summits (both in-person and virtual)
- Access to educational materials & training

## **NEW Flat Organizational Fee**

- \$150 Registration fee for next three teams
- \$650 max Registration fee for up to 22 team registrations

# COMING UP NEXT

## *From Pre-K to 12th grade: The VEX Ecosystem does it all!*

Learn how the vertical alignment of programs recently developed by VEX is solving many of the problems that coaches are facing as the popularity of competitive robotics grows.



**THANK YOU**

20  22  
REC FOUNDATION  
— COACH —  
**SUMMIT**